



## For Individual Growth

For those looking for  
one-on-one sessions  
**Private Sessions**

## Growing with Others

For those who want to  
acquire skills and deepen  
their knowledge together

## Group Sessions

\*All programs are offered in Japanese  
online.



Soul Care is part of Second Level Ministry, which is engaged with the spiritual growth and discipleship of Japanese believers in Christ. Second Level Ministry works in partnership with local churches to provide the support necessary for Christian growth.

[secondlevel.org](http://secondlevel.org)

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Soul Care  
ソウルケア

Pastoral & Spiritual  
Care for Japanese  
Christians



"He comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God."

2 Corinthians 1 :4

## Hearts Restored People Healed

We labor that God's grace and love might be delivered to churches, communities, families, and individuals. The mission of Soul Care is to help bring healing and transformation into Christ's likeness.

## Services

### Private Sessions

These are one-on-one sessions to attend to the mental and spiritual aspects of your life. Spiritual and emotional abuse, problems in church and relationships, depression, and other complex issues that require privacy.

It is also recommended for those who want to know themselves and deepen their relationship with God.

### Group Sessions

Attendees enter into a cohort to dive deep into a topic together. The goal is to deepen attendees' relationship with God and to enrich their understanding and perspective as Christians through learning in community.

- Spiritual Care Training
- Spiritual Direction
- "Boundaries" Class
- Supervision Meeting
- Healthy Spirituality and Character Building
- Marital Relationship Workshop
- And even more

## More Info

A variety of classes and workshops are offered each season. For more information, please visit the website below.

<https://soulcare.secondlevel.org/>



Email

[soulcare@secondlevel-soulcare.org](mailto:soulcare@secondlevel-soulcare.org)

This is not counseling or psychotherapy provided as medical treatment. If you need medication or a psychiatrist's diagnosis, please consult a specialist.